

SEPTEMBER ...FALL INTO HEALTH!

**SEPTEMBER IS FALL INTO HEALTH MONTH:
INITIAL CONSULT & X-RAYS ARE ONLY \$59!
CHILDREN ARE ONLY \$39!**

The children are back into school and our daily lives are finding a rhythm again. Next we will quickly approach the holiday season. But we still have four months until the end of the year! It's not too late to make consistent progress! At the start of the year we talked about beginning with the end in mind. How much progress have you made? What needs to be done to move closer to your health goals? Every day we have a choice to be active in your health, otherwise you will have to react to an unhealthy body. Below are several ways to get involved and move closer to healthy active body. Which one will you do first?!



[CLICK HERE TO RESERVE YOUR SEAT!!](#)

5 Essentials Equipping Class

Sat. 9/16 @ 11am

Community Dinner w/ Dr. Barker

Tues. 9/12 @ 5:30pm

MaxT3 Workouts

Saturdays @ 8:30am

PROTECT YOUR CHILDREN & FAMILY WITH ONGUARD

IMMUNE BOOSTING!!



OnGuard Sanitizing Spray is a light mist that has antiseptic properties that effectively cleanses hands and prevents the spread of bad bacteria. Infused with apple extract that makes your hands soft and smooth with each use.



OnGuard Touch can be used to protect against environmental threats and supports healthy immune function. It also provides an energizing and uplifting aroma.



SUPPLEMENT SPOTLIGHT



Purepath Greens

10% OFF SEPT. 11-16

- *SUPERFOOD FORMULA WITH ORGANIC INGREDIENTS THAT PROMOTES HEALTHY DIGESTION, BOOSTS IMMUNE FUNCTION AND INCREASES ENERGY.***
- *FREE OF NUTS, SOY AND PRESERVATIVES***
- *PRODUCED WITH REGENERATIVE FARMING PRACTICES***



Red Yeast
Rice + Coq10

10% OFF SEPT. 18-23

- *DESIGNED TO REDUCE CHOLESTEROL SYNTHESIS, SUPPORT A HEALTHY INFLAMMATORY RESPONSE AND PROMOTE HEALTHY BLOOD SUGAR LEVELS***
- *ORGANIC AND GROWN IN THE US.***



Hista Support

10% OFF SEPT. 25-30

- *PROVIDES OPTIMAL SUPPORT DURING ALLERGY SEASON***
- *HELPS BALANCE THE BODY'S IMMUNE SYSTEM OF A BALANCED RESPONSE***
- *CONTAINS HIGH-QUALITY VITAMIN C, QUERCETIN, NETTLE LEAF & TINOFED***